CRISIS INTERVENTION

ASSISTING THE DISTRESSED STUDENT
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BETTY WHITE BUILDING
502-597-6969 (OFFICE)/502-229-7525 (WORK CELL)
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TRAINING OVERVIEW

- National/State Stats
- Services offered
- Crisis Intervention Defined
- Crisis Intervention Team
- Title II and SaVeAct (rape crisis numbers)
- Emergency Procedures
- Serving Students
- Call to Action
- Forms
Nationally, top Mental Health Illnesses for students 18-25

- Depression, anxiety, suicidal ideation and alcohol abuse
  - Eating disorders and self-injury (cutting/burning) are on the rise (National Survey of Counseling Center Directors)

One in four adults—approximately 61.5 million Americans—experiences mental illness in a given year. (NAMI.com)

Suicide is the tenth leading cause of death in the U.S. (more common than homicide) and the third leading cause of death for ages 15 to 24 years. (NAMI.com)
Over 100 thousand of Kentucky’s over four million residents have a severe mental illness. *(U.S. Census 2000; U.S. Center for Mental Health Services)*

In the year 2000, the estimated number of people age 18 or older with a serious mental disorder living in Kentucky (excluding homeless people or people in institutions) was nearly 75,000 *(NAMI.com)*

Every week in Kentucky there are 10 people who lose their lives to untreated mental illness (suicide) resulting in a loss of life for over 500 Kentuckians per year. *(NAMI.com)*
Crisis Intervention Defined

- (a) assists students in acute emotional distress,
- (b) a clear policy of who has authority to make determinations, and specific procedures to be followed.
- (c) work closely with administration and outside agencies to ensure that the needs of students in crisis are met.
- (d) Crisis intervention teams.
- (e) Counseling programs should be prepared to assist students in the event of disaster on campus.
Tentative Crisis Intervention Team

- Mental Health Counselor 502-597-6969
- Director of Student Health Services (502)-597-6277
- Campus Police (502)-597-6878/6877
- Director of University Safety and Security Affairs (502)-597-6879
- SSEM Vice President (502)-597-6827
- Substance Abuse Prevention Program Coordinator, (502)-597-6970

ADDITIONAL CHANGES ARE IN THE WORKS…ADMINISTRATIVE MODEL
(BIT: Behavior Intervention Team)
Revision to Title II

- Per Title II of the Americans with Disabilities Act
  - Cannot require “treatment” but can require documentation of resolution of the behaviors of concerns
    - Treatment plan, safety plan
  - Cannot prevent student from returning to campus/class
  - If the behavior is not present there are no grounds to remove students
    - Look at actual threat or disruptive behavior
    - Annoying uncomfortable situation (i.e. talking to self or imaginary people) are not grounds for removal
      - Example (Instagram, Student X)
  - Refer student
Serving Students

- Student is better served **ON** campus **NOT** off campus
  - Potential for increased risk (triggers) due to separating students
    - Lock out
  - More resources
  - Support of peers/faculty/staff
  - Get appropriate continued assessment
National Sexual Assault Hotline
- 1.800.656.HOPE (4673)
- www.rainn.org

Kentucky Association of Sexual Assault Programs: KASAP
- 1.800.656.HOPE (4673)
- www.kasap.org

Bluegrass Rape Crisis Center
- 502-226-1400
- www.bluegrassrapecrisis.org
Services

1) **Personal counseling**, in which the student is assisted with personal, family or other social concerns.

2) **Crisis intervention** directly or through cooperative arrangements with other resources on campus or in the community.

3) **Support groups**, organize and facilitate meetings with individuals who have an experience in common.

4) **Psycho-educational Training**, provide informational training sessions to students and faculty/staff to increase knowledge and awareness relating to the physical, mental and emotional needs of the student.

5) **Substance abuse counseling**, in which the student is assisted with presenting problems related to substance use.
Emergencies

Normal Hours Emergencies (Monday – Friday 8:00 A.M. -4:30 P.M.)

1. Any University staff or student who believes a student’s life is in imminent danger should contact Campus Police (502) 597-6878 or 6877 (if other line is busy) and/or 911. Try to encourage student not to leave the area until assistance arrives.
   - If you or others are not in harms way...Do not leave the student until help arrives

2. Any student exhibiting behaviors (i.e. outburst of anger, suicidal ideations, paranoia, etc...) that present a concern should immediately be referred to the mental health counselor for evaluation.

3. In situations where the counselor or Clinic Director cannot respond quickly, contact the SSEM Vice President at (502) 597-6827
After-hour Emergencies (Monday-Friday after 4:30 P.M., Saturday & Sunday)

1. Individuals who discover or are involved in an emergency situation should immediately notify Campus Police (502) 597-6878/6877.

2. If the situation involves physical health issues, the nurse/clinic director shall be reached after working hours on their cell phone (502)-803-5209.

3. If the situation involves psychological/mental health issues, the counselor shall be reached after working hours on their cell phone (502)-229-7525.
   - The counselor then gathers information about the emergency situation and determines the best course of action and notifies the Clinic Director.
   - In MOST cases the nurse/counselor will come to campus directly.
   - **Note:** If the student is deemed to be in imminent and life-threatening danger to self or others, no consent is necessary in order to convey information.
Emergency Transportation

- If there has been a suicide attempt, the person is impaired by chemicals, or is otherwise unstable; **CALL 911 IMMEDIATELY!**
- The student should be taken to **Frankfort Regional Medical Center Emergency Room via ambulance** for medical treatment and evaluation.
- Injuries: EMS
- Suicidal attempts: EMS
- Alcohols/Drug Abuse: EMS
- Psychiatric Assessment (Voluntary): As determined appropriate by the counselor.

**Under NO circumstance should counselor, staff, faculty or students transport another student.**

**Under NO circumstance should ANY student be allowed to go to any other place other than the hospital.**

**Campus Police also does not transport students.**
Calling Campus Police/911

Information to give to 911 or Campus Police when dealing with a student in distress

- A detailed description of student’s features (Color of skin, i.e. white, black, Asian, light, dark skinned etc.)
- A detailed description of student’s clothing
- If the student has a weapon and type of weapon (hand gun/ long gun/active shooter)
- How many weapons
- Any key words/phrase stated by student that you deem helpful
- Exact location
Protocol

- Campus Police
  - EMS
  - Nurse (Physical health emergency)
  - Mental Health Counselor (Mental Health emergency)
- Nurse (physical health emergency)
  - SSEM “on call” staff person
    - SSEM Vice President
  - Parent
- Mental Health Counselor (mental health emergency)
  - Director
  - SSEM “on call” staff person
    - SSEM Vice President
  - Parent
Please be advised that upon referral of students to Health Services any and all follow-up made by a counselor is strictly confidential. No confidential information about what steps were taken may be disclosed to anyone.

Anyone who is in need of assistance in deciding when to make a referral may contact Ms. Floarine Wilson, Director of Health Services, at 502-597-6277 (office) or via email at Floarine.wilson@kysu.edu.

- Referral form on New Website
  - Health Services-Mental Health-Student Mental Health Crisis Intervention
  - New website has all the Health Services forms
STUDENT HEALTH SERVICES
Student Referral Form

(Please print)
Date: _______________ Time: _______________

Student’s name: ___________________________________________ SID#: ______________________

Student’s phone #: __________________________ Email: ____________________________

Student’s local address: ________________________________________________

Referred by: __________________________________________________________

Department: ___________________________ Phone #: ___________________________

Email: ____________________________

How was referral delivered?
Hand delivered ____ Emailed ____ Mailed ____ Faxed____

Reason for referral: ______________________________________________________

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

Referring to:

___ Ms. Joy Harris ______ Mr. Stefan Turner ______ Ms. Floarine Wilson
Mental Health Counselor Alcohol/ Drug Counselor Nurse / Director
Betty White Health Center Betty White Health Center Betty White Health Center
1st Floor 1st Floor 1st Floor
502-597-6969 502-597-6970 502-597-6271
Joy.harris@kysu.edu Stefan.turner@kysu.edu Floarine.wilson@kysu.edu

Referral received by: ____________________________________________________

Date referral received: ________________________________________________
Questions…

THOUGHTS…