

**B.S. IN PHYSICAL EDUCATION (NON-TEACHING)
MINOR REQUIRED**

Curriculum Ladder - TOTAL DEGREE REQUIREMENTS: 122-123 Credit Hours

UNV 101	University Orientation	3
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I. GENERAL STUDIES (42 credit hours)
(ENG 101, ENG 102 & MAT 111 with a Grade of “C” or Higher)

Language and Reasoning		Credit Hours
ENG 101	English Composition I	3
ENG 102	English Composition II	3
SPE 103	Interpersonal Communication	3
MAT 111	Contemporary Mathematics or Above	3
	Foreign Language I	3
	Foreign Language II	3
	Total	18
Fine Arts and Letters (Select One)		
ART 130	Introduction to Art OR	
THE 130	Introduction to Theatre OR	
ENG 211	Introduction to Literature	
	Total	3
Social and Behavioral Science (Select Two Courses)		
POS 101	American Government OR	
FIN 101	Financial Literacy OR	
HIS 103	Western Civilization OR	
ECO 200	Survey of Economics OR	
PSY 200	General Psychology OR	
SOC 203	Principles of Sociology	
	Total	6
Natural Sciences (Select One Course)		
BIO 101	Life Science OR	
CHE 109	Chemistry in Context	
	Total	3
Select ONE COURSE from Below		
BIO 101	Life Science OR	
BIO 103	Environmental Biology OR	
BIO 112	Exploration of Modern Topics in Biology OR	
CHE 109	Chemistry in Context OR	
PHS 201	Physical Science I OR	
PHS 202	Physical Science II OR	
PHS 211	Earth and Environmental Science OR	
PHS 221	Introduction to Weather Studies OR	
PHS 231	Introduction to Astronomy OR	
PHY 130	Physics and Society OR	
PHY 211	General Physics	
	Total	3
Integrative Studies		
IGS 200	Foundations of Cultures	3
IGS 201	Convergence of Cultures	3
Select ONE COURSE from Below		
IGS 300	Search for New Forms of Culture OR	

IGS 301	Studies in African Cultures OR	
IGS 302	Studies in Asian Cultures OR	
IGS 303	Studies in Latin American Cultures OR	
IGS 304	The African-American Experience OR	
IGS 305	The Latino Experience OR	
COS 303	Human Perspective on Computing OR	
ENG 313	Non-Western Literature OR	
ENG/AAS 409	Literature of African-Americans OR	
MAT 304	Perspectives on Mathematics OR	
MGT 470/MKT 470	International Bus. Management/International Bus. Marketing OR	
MUS/AAS 323	African-American Music OR	
MUS/AAS 325	Jazz History and Literature OR	
MUS 333	Music of Africa and Asia	3
Total		9

II. CORE REQUIREMENTS

PHE 218	Body Conditioning	1
PHE 257	Dance	1
PHE 259	Movement/Gymnastic Activities for the Elementary School	2
	PHE 209 Beginning Swimming, PHE 240 Intermediate Swimming or PHE 351 Lifeguard Training	1
PHE 320	Adaptive Physical Education	3
PHE 323	Principles of Physical Education	2
PHE 324	Sports Injury: Prevention/Care	2
PHE 330	Physiology of Exercise	4
PHE 331	Kinesiology/Biomechanics	4
PHE 332	Motor Development/Motor Learning	3
PHE 333	Psychological and Sociological Aspects of Sports	3
PHE 401	Tests and Measurements for Health & Physical Education	3
PHE 421	Organization & Administration of Health/Physical Education	2
PHE 225	Team Sports I	1
PHE 226	Team Sports II	1
PHE 227	Individual Sports I	1
PHE 228	Individual Sports II	1
PHE 301	Human Anatomy	3
HED 107	First Aid and Safety	1
PSY 303	Theories and Methods in Developmental Psychology	3
Total		42

III. SUPPORTING ELECTIVES

HED 223	Principles of Health Education	3
HED 305	Safety Education	3
HED 321	Community Health	3
HED 371 OR SOW 371	Introduction to Public Health	3
Elective		3
Total		15

IV. CONCENTRATION/SPECIALIZATION (Select Minor)

Recreation		
REC 101	Introduction to Recreation	3
REC 201	Recreational Games	3
REC 322	Inclusion and Special Recreation	3
REC 343	Organization and Administration of Playgrounds/Recreation	3
REC 364	Camping and Camp Counseling	3
REC 402	Recreation Field and Clinical Experiences	3
PHE 355	Sports Officiating	2
Total		20

Sports Management		
REC 101	Introduction to Recreation	3
REC 402	Recreation Field and Clinical Experiences	3
ACC 201	Principles of Accounting	3
ECO 201	Principles of Economics	3
MGT 301	Principles of Management	3
MKT 301	Principles of Marketing	3
BUA 101	Computer Applications in Business	2
Total		21
Athletic Coaching		
PHE 301	Human Anatomy	3
PHE 324	Sports Injury: Prevention/Care	2
PHE 330	Physiology of Exercise	4
PHE 331	Kinesiology/Biomechanics	4
PHE 332	Motor Development/Motor Learning	3
PHE 333	Psychological and Sociological Aspects of Sports	3
PHE 355	Sports Officiating	2
PHE 380	Coaching Competitive Athletics	2
Total		20
Athletic Training		
PHE 301	Human Anatomy	3
PHE 324	Sports Injury: Prevention/Care	2
PHE 330	Physiology of Exercise	4
PHE 331	Kinesiology/Biomechanics	4
PHE 423	Advanced Techniques in Athletic Training	3
PHE 426	Assessment Procedures in Athletic Training	3
PHE 425	Athletic Training High Impact Field Experience	2
Total		20
Athletic Training/Coaching		
PHE 324	Sports Injury: Prevention/Care	2
PHE 423	Advanced Techniques in Athletic Training	3
PHE 426	Assessment Procedures in Athletic Training	3
PHE 425	Athletic Training High Impact Field Experience	2
PHE 355	Sports Officiating	2
PHE 380	Coaching Competitive Athletics	2
Elective		3
Elective		3
Total		20