

**B.S. in Health Education (P-12) Certification**  
**Curriculum Ladder - TOTAL DEGREE REQUIREMENTS: 120 Credit Hours**

<b>UNV 101</b>	<b>University Orientation</b>	<b>3</b>
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**I. GENERAL STUDIES (42 credit hours)**  
 (ENG 101, ENG 102 & MAT 111 with a Grade of “C” or Higher)

<b>Language and Reasoning</b>		<b>Credit Hours</b>
ENG 101	English Composition I	3
ENG 102	English Composition II	3
SPE 103	Interpersonal Communication	3
MAT 111	Contemporary Mathematics or Above	3
	Foreign Language I	3
	Foreign Language II	3
	<b>Total</b>	<b>18</b>
<b>Fine Arts and Letters (Select One)</b>		
ART 130	Introduction to Art <b>OR</b>	
THE 130	Introduction to Theatre <b>OR</b>	
ENG 211	Introduction to Literature	
	<b>Total</b>	<b>3</b>
<b>Social and Behavioral Science (Select Two Courses)</b>		
POS 101	American Government <b>OR</b>	
FIN 101	Financial Literacy <b>OR</b>	
HIS 103	Western Civilization <b>OR</b>	
ECO 200	Survey of Economics <b>OR</b>	
PSY 200	General Psychology <b>OR</b>	
SOC 203	Principles of Sociology	
	<b>Total</b>	<b>6</b>
<b>Natural Sciences (Select One Course)</b>		
BIO 101	Life Science <b>OR</b>	
CHE 109	Chemistry in Context	
	<b>Total</b>	<b>3</b>
<b>Select ONE COURSE from Below</b>		
BIO 101	Life Science <b>OR</b>	
BIO 103	Environmental Biology <b>OR</b>	
BIO 112	Exploration of Modern Topics in Biology <b>OR</b>	
CHE 109	Chemistry in Context <b>OR</b>	
PHS 201	Physical Science I <b>OR</b>	
PHS 202	Physical Science II <b>OR</b>	
PHS 211	Earth and Environmental Science <b>OR</b>	
PHS 221	Introduction to Weather Studies <b>OR</b>	
PHS 231	Introduction to Astronomy <b>OR</b>	
PHY 130	Physics and Society <b>OR</b>	
PHY 211	General Physics	
	<b>Total</b>	<b>3</b>
<b>Integrative Studies</b>		
IGS 200	Foundations of Cultures	3
IGS 201	Convergence of Cultures	3
<b>Select ONE COURSE from Below</b>		
IGS 300	Search for New Forms of Culture <b>OR</b>	
IGS 301	Studies in African Cultures <b>OR</b>	
IGS 302	Studies in Asian Cultures <b>OR</b>	

IGS 303	Studies in Latin American Cultures <b>OR</b>	
IGS 304	The African-American Experience <b>OR</b>	
IGS 305	The Latino Experience <b>OR</b>	
COS 303	Human Perspective on Computing <b>OR</b>	
ENG 313	Non-Western Literature <b>OR</b>	
ENG/AAS 409	Literature of African-Americans <b>OR</b>	
MAT 304	Perspectives on Mathematics <b>OR</b>	
MGT 470/MKT 470	International Bus. Management/International Bus. Marketing <b>OR</b>	
MUS/AAS 323	African-American Music <b>OR</b>	
MUS/AAS 325	Jazz History and Literature <b>OR</b>	
MUS 333	Music of Africa and Asia	3
<b>Total</b>		<b>9</b>

## II. PROFESSIONAL EDUCATION

EDU 202	Foundation of Teaching and Education	3
EDU 203	Microcomputers/Media in Classroom	3
EDU 309	Test Prep	1
EDU 302	Child and Adolescent Development	3
EDU 303	Educational Assessment and Evaluation	3
EDU 304	Classroom/Learning Management	3
EDU 310	Introduction to Exceptional Children	3
EDU 422	Teaching Health/Physical Education in Public Schools	3
EDU 430	Organization & Administration of Public Schools	3
EDU 445	Teaching HS Reading in the Content Area	3
EDU 484	Supervised Teaching	12
<b>Total</b>		<b>40</b>

## III. CONCENTRATION/SPECIALIZATION

PHE 401	Test and Measurements for Health and Physical Education	3
PHE 421	Organization and Administration of Health and Physical Education	2
HED 107	First Aid and Safety	2
HED 221	Personal Health and Life Time Fitness I	2
HED 222	Personal Health and Life Time Fitness II	2
HED 223	Principles of Health Education	3
HED 305	Safety Education	3
HED 321	Community Health	3
HED 326	Epidemiology	3
HED <b>OR</b> SOW 371	Introduction to Health	3
FNU 104	Basic Nutrition	3
<b>Total</b>		<b>29</b>

## IV. SUPPORTING ELECTIVES

CDF	316	Teachers Role in Family and School Relations	3
CDF	421	Cultural Diversity in American Child/Family	3
<b>Total</b>			<b>6</b>