

B.S. in Health Education (P-12) Certification
Curriculum Ladder - TOTAL DEGREE REQUIREMENTS: 120 Credit Hours

UNV 101	University Orientation	3
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I. GENERAL STUDIES (42 credit hours)
 (ENG 101, ENG 102 & MAT 111 with a Grade of “C” or Higher)

Language and Reasoning		Credit Hours
ENG 101	English Composition I	3
ENG 102	English Composition II	3
SPE 103	Interpersonal Communication	3
MAT 111	Contemporary Mathematics or Above	3
	Foreign Language I	3
	Foreign Language II	3
	Total	18
Fine Arts and Letters (Select One)		
ART 130	Introduction to Art OR	
THE 130	Introduction to Theatre OR	
ENG 211	Introduction to Literature	
	Total	3
Social and Behavioral Science (Select Two Courses)		
POS 101	American Government OR	
FIN 101	Financial Literacy OR	
HIS 103	Western Civilization OR	
ECO 200	Survey of Economics OR	
PSY 200	General Psychology OR	
SOC 203	Principles of Sociology	
	Total	6
Natural Sciences (Select One Course)		
BIO 101	Life Science OR	
CHE 109	Chemistry in Context	
	Total	3
Select ONE COURSE from Below		
BIO 101	Life Science OR	
BIO 103	Environmental Biology OR	
BIO 112	Exploration of Modern Topics in Biology OR	
CHE 109	Chemistry in Context OR	
PHS 201	Physical Science I OR	
PHS 202	Physical Science II OR	
PHS 211	Earth and Environmental Science OR	
PHS 221	Introduction to Weather Studies OR	
PHS 231	Introduction to Astronomy OR	
PHY 130	Physics and Society OR	
PHY 211	General Physics	
	Total	3
Integrative Studies		
IGS 200	Foundations of Cultures	3
IGS 201	Convergence of Cultures	3
Select ONE COURSE from Below		
IGS 300	Search for New Forms of Culture OR	
IGS 301	Studies in African Cultures OR	
IGS 302	Studies in Asian Cultures OR	

IGS 303	Studies in Latin American Cultures OR	
IGS 304	The African-American Experience OR	
IGS 305	The Latino Experience OR	
COS 303	Human Perspective on Computing OR	
ENG 313	Non-Western Literature OR	
ENG/AAS 409	Literature of African-Americans OR	
MAT 304	Perspectives on Mathematics OR	
MGT 470/MKT 470	International Bus. Management/International Bus. Marketing OR	
MUS/AAS 323	African-American Music OR	
MUS/AAS 325	Jazz History and Literature OR	
MUS 333	Music of Africa and Asia	3
Total		9

II. PROFESSIONAL EDUCATION

EDU 202	Foundation of Teaching and Education	3
EDU 203	Microcomputers/Media in Classroom	3
EDU 309	Test Prep	1
EDU 302	Child and Adolescent Development	3
EDU 303	Educational Assessment and Evaluation	3
EDU 304	Classroom/Learning Management	3
EDU 310	Introduction to Exceptional Children	3
EDU 422	Teaching Health/Physical Education in Public Schools	3
EDU 430	Organization & Administration of Public Schools	3
EDU 445	Teaching HS Reading in the Content Area	3
EDU 484	Supervised Teaching	12
Total		40

III. CONCENTRATION/SPECIALIZATION

PHE 401	Test and Measurements for Health and Physical Education	3
PHE 421	Organization and Administration of Health and Physical Education	2
HED 107	First Aid and Safety	2
HED 221	Personal Health and Life Time Fitness I	2
HED 222	Personal Health and Life Time Fitness II	2
HED 223	Principles of Health Education	3
HED 305	Safety Education	3
HED 321	Community Health	3
HED 326	Epidemiology	3
HED OR SOW 371	Introduction to Health	3
FNU 104	Basic Nutrition	3
Total		29

IV. SUPPORTING ELECTIVES

CDF	316	Teachers Role in Family and School Relations	3
CDF	421	Cultural Diversity in American Child/Family	3
Total			6