UPWARD BOUND PASSPORT: DESTINATION COLLEGE
“Education will take you wherever you want to go”
Fall Semester Workshops 2011-2012
Upward Bound

AUGUST
Saturday, August 13th
ORIENTATION/BANQUET
Time: 10:00-11:30a.m., 11:50-1:30p.m.
1st Stop: Envision where you want to go

SEPTEMBER
Saturday, September 17th
How to get into your first choice college-Kaplan
What every freshman and sophomore should know
Ms. T’Ebony Torain
METAMORPHOSIS AND MANUP
Time: 9:30-11:00a.m., Workshops
11:00-12:00p.m. Testimonials
*Senior Meeting
2nd Stop: Fuel your ambitions

NOVEMBER
Saturday, November 5th
KHEAA presentation-Summer Gortney- KHEAA representative
METAMORPHOSIS AND MANUP
Time: 9:30-10:30a.m.-Workshop
10:45-11:45-Metamorphosis and ManUp
*Senior Meeting

DECEMBER
Saturday, December 10th
COMMUNITY SERVICE
Timeline-TBA
*Senior Meeting

Letter from the Director

The time is now, set the pace for A's and B's. Ready or not, you are off and on your way to be graded for your progress in school. So, start your quest with high and strong expectations. See yourself as the 'A' student. Make sure you set time aside to review and study for your classes. Stay on top of deadlines for assignments and tests. Change your study habits so that if last school year you did not make the grades you are capable of, you will be on track to achieving better grades this school year. Think of yourself as a track star before a race. He or she cannot just get out and run a 25 miles marathon without proper training and building endurance, and the same goes for you as a student. Here are a few tips to consider for your educational race this year:

1. Have pep talks with yourself for you are your own greatest fan or critic whether you realize it or not.
2. Set clear, achievable goals for yourself; believe that you have the power to overcome perceived boundaries and limitations.
3. Set goals that work hand in hand with your expectations, this will help you develop your independence.
4. Make sure you have the tools needed to do your home-work and eliminate distractions.
5. Turn in all home work on time. If you miss school, check to make sure you turn in all assignments, get new assignments, and make up all tests.
6. Stay aware of all critical deadlines or dates by putting them in your cell phones, computers, or planners, or post them where you can see them.
7. Above all, take time to celebrate your achievements like it's your birthday. Remember, you are your greatest fan!

Sincerely,
Katie Lusk
Director
“Education means inspiring someone’s mind, not just filling their head.” - Professional: Summer Program Overview

Upward Bound completed its third summer program since returning on the campus of Kentucky State University in 2008. This summer was filled with many wonderful experiences. Upward Bound students participated in intense ACT test prep sessions taught by the KAPLAN program. Students studied several test prep techniques that could positively impact their ACT score. They also participated in Robotics classes where they were able to build robots and compete in a national competition in Charleston, South Carolina. This competition featured twenty Upward Bound teams from Georgia and South Carolina, as well as Kentucky State University’s Go College program. One of our Upward Bound teams comprised of Jillian Barnes, Thayna Pires, Corey Bellamy, Demetria Quincy, and Rebecca Coleman placed second runner up in the competition. Charleston, South Carolina was the first destination of the students’ end of year summer trip. During their Charleston visit, they were able to visit the Citadel, which is a nationally recognized military college. They also visited Folly Beach. For many students this was their first time visiting the ocean. After their trip to Charleston, students traveled to Orlando, Florida where they visited Universal Studios among other Orlando attractions.

Upward Bound is excited to have successfully completed another great summer component. We are looking forward to a progressive and successful academic year.
My experience during the summer trip was great. I had a fun
time visiting new and exciting places with the rest of my Upward
Bound family. The first thing that we did when we got to
Charleston was go to Folly Beach. This was really fun because we
all got to go out in a new environment with each other. After
the beach we came to our first hotel, and it was so nice!
On the second day, the groups that wanted to compete in the
Robotics competition went to a local college to compete. The
people that didn’t want to compete went to the mall. After hours
of competing there were three Upward Bound teams remaining
in the top ten. Charlie’s Angels, Three-Musketeers, and Pretty
Girzf were the last groups left in the competition from Upward
Bound. Charlie’s Angels and The Three-Musketeers came in third.
I can’t wait to compete again next year.

The next day we packed all of our things and left our
extravagant hotel for Florida. We arrived in Orlando very early
in the morning, so we all went straight to bed after receiving our
room keys. On the first day of being in Orlando we went to
Universal Studios. I was very excited to go there because I’d
never been. I had a blast, and it seemed like everyone else did
too.

We spent our last day at Wet N’ Wild, it was a good day to go
too because it was extremely hot! This water park was so much
fun; we should definitely go again if we go back to Orlando. I
think everyone definitely enjoyed this activity. After leaving the
water park, we made our way to the mall and spent a few hours
there. The mall was our last activity for the trip. So fortunately
after that we were making our way back to Kentucky. I had a lot
of fun this year and I really appreciate everything that the
Upward Bound staff does for us to allow us to go on these trips.
Thanks everyone!

Upward Bound Passport:
Destination College
“A college education will take you
wherever you want to go”
T’Ebony Torain

Before a person can venture out of the country or travel
overseas he/she must first obtain a passport. A passport allows
the person to travel to distant lands and meet people of different
background and cultures. It gives them the ability to partake in
experiences and opportunities they may not have had the
chance to experience without obtaining a passport. To describe
the role of a passport in one word would simply be: accessibility.
A college degree is no different from a passport. Obtaining a
college degree gives a person access to different opportunities,
experiences, places, and people they might not have otherwise
been able to have without a college degree. Moreover, having a
college degree allows a person to live a fuller life compared to
those who do not have one. Studies prove that people with
college degrees make more money than those that do not. In
addition, most people with college degrees have the
opportunity to advance within their career compared to those
who do not have a college degree.
Realizing the benefits of students obtaining a college degree,
this year’s theme for the academic component is entitled:
Upward Bound Passport: Destination College - A college
education will take you wherever you want to go. Each senior
meeting, leadership meeting, workshop, and activity will be
centered upon college preparedness and college readiness. For
our Upward Bound students, receiving a college degree is their
passport to greatness. We expect great things from each of
them.